

Always Gaining.com

The Science of Muscle Building

Testimonials

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Build MORE MUSCLE with Software!

You've probably heard some of the Smarter people in your gym talking about "Bodybuilding Software".

What are they talking about?

Well, the answer is a system that's making their MUSCLE BUILDING radically more productive ! And in a few minutes and at NO cost, YOU can join them!

Let me explain:

Almost everyone who tries to build muscle experiences the same problem:

- **Slow gains!**

Slow gains makes you dread even the thought of having to face another workout. You look in the mirror and you've got little to show for all your efforts in terms of muscle size and fat loss. Sometimes you just can't face another session. Maybe you half heartedly go through the motions in the gym.. or try the latest "Wonder Routine".. which you quickly discover doesn't work.

No wonder so many people quit training!

Well here's some GOOD NEWS: What you are about to learn will surely help you, and best of all: it's FREE! There are no crazy promises, just good science.

What is Bodybuilding Software?

A new Pat. Pending piece of software, which will revolutionise the way YOU train. Currently being used by THOUSANDS of People all around the World!

- It does exactly what YOU'VE ALWAYS WANTED.
- It tells you PRECISELY how much weight and how many reps YOU should be using on each exercise to MAXIMIZE MUSCLE GROWTH!
- It completely ELIMINATES the endless confusion and conflicting advice that is the hallmark of weight training and Muscle Building.

Background

When we start training we normally go on a typical Beginners program, say 3 sets of 10 reps. And initially it works, our strength grows and muscles start to show. We notice a new found power. Maybe the golf swing gains an extra 20 yards.. Maybe the opposite sex start to give you a second glance.. Hey this is great! Remember THAT feeling? But then the gains stopped.

What to do?

Well the best advice is to change the resistance you're using. Say, go heavier.. or lighter.. but which?

Or should you change your exercises? or not.. or maybe it's your diet, supplements?

Confusing huh?

In desperation some people resort to drugs to "breakthrough". I think we'd all agree, you don't want to go there.

What are you supposed to do?

This is where the ALWAYS GAINING SYSTEM comes in

Used by THOUSANDS of people around the World, it's the Worlds FIRST piece of software which will show you EXACTLY:

- How much weight you should be using.
- How many reps you should be performing for MAXIMUM MUSCLE GAINS IN THE SHORTEST POSSIBLE TIME!

It is based on YOUR exercise history, Previous Personal Bests (PPB'S), for a variety of reps, and the range of exercise YOU use. The software compares YOUR inputted training results against idealized strength graphs. These graphs have been derived from measurements taken on hundreds of athletes over Tens of Thousands of lifts. The areas where you maximally deviate from the

Microfinance
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enabling the
poorest of the
poor to improve
their own lives

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Google

ideal are where your greatest potential for gains in muscle and strength are.

By training all these muscle qualities, but never letting any one get "out of balance" you will GAIN FASTER than you ever have before.

Oh, and did I mention.. its FREE to download

That's right FREE. How come? Where's the catch? There is none. ALWAYS GAINING is SHAREWARE! It's yours to [download FREE of charge!](#)

Once you have used the system and made YOUR BEST GAINS EVER, we are totally confident that you will Order our Unlimited version for just \$49.95. How many other companies would dare make such an offer? None. But they don't have the Pat.Pending ALWAYS GAINING technology.

Just look at these typical testimonials

"I can't believe it! I've been training for 19 years and my progress had pretty much stopped. I decided to give the Free Trial a shot.. I can't believe it! I discovered that I should have been using heavier weights in my training.. So I did. I put 12% on my bench press in 2 weeks, even Steroids can't do that!. I recommend this system to everyone who works out. It's simply awesome."
Dr J.Clark Ohio

"Incredible... I've tried just about everything over the past few years to gain muscle and nothing really worked..I've wasted a small fortune on various food supplements that promised much and failed to deliver, so when I saw your ad, I thought "what the heck".. My gains have been spectacular. I've put on 12lbs of muscle in the past 2 months, and the system is so simple to operate. For the first time ever, I understand exactly why I'm a lifting a certain weight and I know when it's time to change.. This is simply the best muscle building product available today."
B.Amico (NYC)

"My son and I have been using your program for two and a half weeks now and we have seen gains in our strength beyond our wildest dreams. We both blasted past sticking points in all of our exercises. Every session so far, we have gotten stronger. This program is incredible! We can't wait to see gains in our size. We've always liked going out to the gym, but now we get really excited about getting out there and seeing what new levels we will reach! Thank You."
Mark Mueller and Mark Mueller Jr.

IMPORTANT!

The ALWAYS GAINING System is NOT a computer training log, merely keeping a record of your sets and reps.

It tells YOU EXACTLY how much weight and reps you should be performing for MAXIMUM MUSCLE GAINS. NO OTHER SYSTEM CAN DO THIS, AS NO OTHER SYSTEM HAS THE UNIQUE PAT.PENDING ALWAYS GAINING TECHNOLOGY. The software comes with a COMPLETE E-guide, explaining the system in detail.

Imagine having your own "Personal Trainer" on your Computer. How cool is that?




How much QUICKER WILL YOU BE ABLE TO GET INTO SHAPE?

Download your FREE evalution version NOW!!

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Terms and Conditions:

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Enter your email address and we will email you the user guide so you can better understand the System, and the FAQ to help you get the most out of the FREE software.

I recommend this system to everyone who works out. It's simply awesome.

Dr J.Clark Ohio

This is simply the best muscle building product available today.
B.Amico (NYC)

Software Screenshots



OUR PEACE OF MIND PROMISE TO YOU:

YOU are NOT going to have to enter any credit card details or similar.No worries,no hassle.Just a copy of the shareware for you to use.

Download NOW and you can have the Shareware working FOR YOU in just 2 minutes!

You can start making your FASTEST GAINS EVER TODAY!

We look forward to getting an email from you and hopefully a "Before" and "After" picture,telling us about YOUR muscle gains. Even though we get a lot of mail ,please write as we'd love to hear YOUR success story! Best wishes The ALWAYS GAINING Team.

P.S. Remember the ALWAYS GAINING System is FREE to download. If you are not 100% happy,we simply ask that you stop using it and uninstall it from your computer.What could be fairer than that?

P.P.S. If you don't download the FREE Alwaysgaining System now, when WILL YOU start building the muscle you've always promised yourself?

You have nothing to loose in downloading a FREE copy of the Alwaysgaining system and EVERYTHING to gain.There are NO HIDDEN CHARGES. ELIMINATE DOUBT IN A POSITIVE WAY.

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